

Name: _____ Date: _____

Feeling Ruler Scenarios

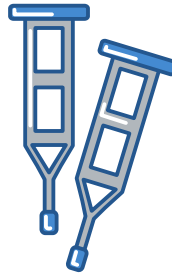
Use the feeling ruler to determine how bad (from 1-10) each scenario is.

1) You were really excited to eat your lollypop when someone bumped into you and your lollypop fell on the floor and broke.



2) Someone came by and hit you

3) Your brother broke his leg



4) Someone said something embarrassing about you in front of the whole class.



5) Your class trip you were looking forward to got canceled

